

YOU ARE OR HAVE BEEN AN eHRB CARRIER
REMEMBER TO TELL YOUR DOCTOR AND THE NURSES

IMPORTANT
HYGIENE PRECAUTIONS
MUST BE RIGOUROUS DURING
YOUR CARE



emerging
Highly
Resistant
Bacteria



IF YOU HAVE ANY QUESTIONS, DO NOT HESITATE TO
ASK THE INFECTION CONTROL NURSE

LIVE WITH THEM WITHOUT TRANSMITTING THEM

RESEAU DES HYGIENISTES DU CENTRE



eHRB BACTERIA

We all have numerous and diverse bacteria in our gut, called the gut flora or gut microbiota.



It is possible that emerging Highly Resistant Bacteria may also be present. This is called being an eHRB carrier



It is NOT A PROBLEM, it is NOT AN ILLNESS. It is called COLONIZATION

The problem is for FRAGILE INDIVIDUALS and/or the SERIOUSLY ILL

Fragile individuals are often infected. They receive antibiotic treatments.

Most bacteria in the gut flora are killed by these treatments, but resistant bacteria are not. As a result, the eHRB have room to grow: they multiply easily and become a problem.

If fragile individuals become infected with eHRB, it is difficult to treat them. Antibiotics are often ineffective.



THIS IS A SERIOUS PROBLEM THAT WE MUST PREVENT



IMPORTANT

CARRIERS should try not to contaminate other people. CARRIERS must not feel guilty or ashamed.

Carriers need only respect basic hygiene precautions, and especially hand washing after going to the toilet. Hands can become contaminated with the bacteria from the gut flora. **HAND WASHING** with soap removes bacteria from your hands.



The problem is worldwide, but the fightback has started. eHRB bacteria remain rare and there are few carriers.

WE SHOULD CONTINUE TO BE VIGILANT